Day Menu Shopping list

|  |  |  |
| --- | --- | --- |
| Monday |  |  |
| *Tues Prep* |  |  |
| Tuesday |  |  |
| *Wed Prep* |  |  |
| Wednesday |  |  |
| *Thurs Prep* |  |  |
| Thursday |  |  |
| *Fri Prep* |  |  |
| Friday |  |  |
| *Sat Prep* |  |  |
| Saturday |  |  |
| *Sun Prep* |  |  |
| Sunday |  |  |
| Mon Prep |  |  |

**Extended shopping list:** (other household items needed)